

PIN OAK MIDDLE SCHOOL

Physical Education Management Plan

OUR MISSION

The POMS Physical Education Program focuses on the development of fitness for life. Our program contributes to each student's growth and development in the physical, mental, and social domains through a movement-based curriculum. Physical education is an important and unique part of the daily instructional program. It contributes to the development and maintenance of fitness, motor skills, social skills, health, and brain development. POMS physical education involves the "whole child" by providing quality instruction. Our goal is to foster and maintain each student's best level of health.

EXPECTATIONS

- Students are to report to class on time.
- Students are to report to roll call on time and seated.
- All students must dress and participate.
- The POMS physical education uniform is required during physical education class.
- Electronic devices must be left in HALL lockers during physical education class.
- Tennis shoes are the only shoes allowed to be worn during physical education class.
- All backpacks must remain in HALL lockers during physical education class.
- Students will keep their physical education uniform, towel, soap and deodorant in their assigned locker.
- Only stud earrings and watches are allowed during physical education class.

SAFETY

The safety of the students is very important to the POMS Physical Education Program.

- Food, drinks, and gum are prohibited during physical education class and in the locker rooms.
- There will be no horse playing in the gymnasium or locker rooms. This activity almost always leads to altercations between students.
- No glass containers (perfume/cologne) or aerosol spray cans (deodorant/body sprays) are allowed in the locker rooms or gymnasium.

CONSEQUENCES

- Teacher/Student Conference
- Teacher/Parent Conference (via telephone)
- Detention (Parent notified by detention slip and telephone contact)
- Referral to Administrator

GRADING

- Participation
- Dressing Out
- Skills Test
- Written Test (Team Sports Only)

If there are any concerns and/or questions, please feel free to contact Ms. Phyllis M. Fredericks, Physical Education Department Chairperson or your child's House Principal at 713-295-6500.

PLEASE SIGN AND RETURN

I have read and agree to the POMS Physical Education Department's Management Plan.

(Print) Student Name

Student Signature

Parent Signature

Date